

Spring Break Destinations for Grownups

Congratulations, the holidays are over. You've given everyone their gifts, braved winter travels, and put in quality family time. Now do something for yourself by planning an adult spring break you can look forward to while it's still chilly outside. Because really, why should college kids have all the fun? Here are five popular beach spots and their emerging alternatives for 2017.

This gallery was first published in 2014 and has been updated.



This Year: Anguilla

This spring, however, the spotlight shines on the other end of the [Caribbean's](#) string of islands: Anguilla. Though it managed to remain delightfully underdeveloped for a long time, this eel-shaped islet has seen notable openings like [Four Seasons Resorts and Residences](#), [Zemi Beach House](#), and [The Reef by CuisinArt](#) (which cultivates its ingredients from the property's own hydroponic farm). The three properties join 2015 Hot List winner [Malliouhana](#).