

## DRINK

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### WE PROUDLY BREW LOCALLY ROASTED "ALL" COFFEE

regular or decaffeinated 4

### FINE SELECTION OF TEAS

6

### MILK

regular, 2%, skim or soy 4

### CAFÉ LATTE

6

### CAPUCCINO

6

### ESPRESSO

4

### HOT CHOCOLATE

4

### FRESH SQUEEZED ORANGE OR GRAPEFRUIT JUICE

6

### JUICE

mango | papaya | guava 6

### JUICE

apple | cranberry | pineapple | tomato | prune 6

## BREAKFAST

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### THE BUFFET

fresh baked pastries | breads with butter | cream cheese and preserves | selections of cereals | 26  
seasonal fruits | cold cuts | smoked salmon | omelet station | apple wood smoked bacon |  
roasted potatoes and sausages | fresh squeezed florida orange or grapefruit juice

### CONTINENTAL

Selection of fresh baked pastries with butter, cream cheese and preserves | fresh squeezed 16  
florida orange or grapefruit juice | fresh brewed coffee, decaffeinated coffee, tea or hot  
chocolate

### THE BAKERY

choose four from: assorted muffins, danish, flaky croissant, english muffins, bagels, coffee cake 12  
or toast

### FRUIT ORCHARD

daily fresh selection of sliced fruits & berries, coffee cake, your choice of cottage cheese or 12  
yogurt

### BAGELS & SALMON

thinly sliced smoked salmons served with your choice of toasted bagel, tomatoes, 15  
thinly sliced cucumbers, sweet onions, capers & cream cheese

### CHALLAH FRENCH TOAST

dusted with powdered sugar, served with maple syrup 12

### BELGIAN WAFFLE

with pure maple syrup 12

### BUTTERMILK PANCAKES

with sweet butter & maple syrup 12

# BEACH BODY *healthier & organic choices*

<b>ORGANIC ALMOND MILK</b>	7
<b>FRUIT ORCHARD</b> daily fresh selection of sliced fruits & berries, coffee cake & your choice of cottage cheese or yogurt	12
<b>ORGANIC EGGS</b> choose any of our house egg dishes to be prepared with cage & hormone free eggs	3 additional
<b>MULTIGRAIN PANCAKES OR WAFFLES</b> served with berry compote and walnuts	13
<b>OATMEAL OR CREAM OF WHEAT</b> served with brown sugar, raisins and walnuts	8
<b>VEGGIE HASH</b> our yukon gold breakfast potatoes sautéed with tomatoes, peppers, onions, spinach and mushrooms and topped with scrambled egg whites	14
<b>HONEYDEW, CANTALOUPE OR GRAPEFRUIT SEGMENTS</b>	6
<b>FRESH SEASONAL BERRIES</b>	8
<b>COTTAGE CHEESE, OR PLAIN YOGURT</b>	4
<b>HARDBOILED EGG</b>	2
<b>STEAMED ASPARGUS</b>	6
<b>ROASTED PLUM TOMATOES</b>	3
<b>ORGANIC TURKEY SAUSAGE</b>	6

*\*Gluten-free bakery options are available upon request*

## EGGS

<b>TWO FARM FRESH EGGS</b> cooked to your liking with choice of maple glazed ham, applewood smoked bacon or sausage	12
<b>THREE FARM FRESH EGGS</b> cooked to your liking with choice of maple glazed ham, applewood smoked bacon or sausage	14
<b>CREATE YOUR OWN OMELET</b> With choice of: mushrooms, tomatoes, spinach, scallions, bell peppers, onions, smoked salmon, applewood smoked bacon, cheddar, swiss, american or feta cheese <i>*above egg dishes served with breakfast potatoes &amp; your choice of toast, sweet butter &amp; preserves   egg whites &amp; egg beaters available upon request</i>	15
<b>SUNNY ISLES BENEDICT</b> two delicately poached eggs served on toasted challah bread, choice of canadian bacon or smoked salmon & topped with hollandaise	18
<b>FLORENTINE EGGS BENEDICT</b> with wilted spinach	14

## SIDES

<b>CHOICE OF TWO DANISH, ASSORTED MUFFINS, OR CROISSANT</b>	5
<b>FRESH SEASONAL BERRIES</b>	5
<b>NUTS OR WHIPPED CREAM</b>	2
<b>APPLEWOOD SMOKED BACON OR SAUSAGE</b>	6
<b>COUNTRY HAM OR CANADIAN BACON</b>	6
<b>GOLD BREAKFAST POTATOES</b>	4
<b>CREAM CHEESE</b>	2
<b>HARD BOILED EGG</b>	2

Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase a risk of a foodborne illness. It is recommended to order your food well done; please order at your own risk. An 18% service and 9% sales tax will be added to your check