

THE TIDES

SOUTH BEACH - EST. 1936

Lunch and Dinner Menu

Served daily from 11am-10pm, until 12am Thursday-Saturday

Cold Starters

Florida Tomatoes 12
herbed ricotta – fresh basil – warm flat bread

Burrata 14
fresh Burrata, tomatoes, and green basil, with balsamic dressing.

Shrimp Cocktail 18
fresno chili cocktail sauce

Chopped Green Caesar Salad 13
organic kale – breakfast radish – white anchovy

The Tide's Wedge 12
heirloom tomato – bacon lardons – blue cheese

Mango Kale Salad 12
fresh kale lettuce - mango and cilantro with sweet vinaigrette

Guacamole and Chips 8
fresh guacamole and warm chips

Caprese Sald 12
Fresh tomatoes and fresh mozzarella cheese

Hot Starters

Crispy Shishito Peppers 12
fresh torn herbs – smoky tomato – garam masala

Hot Wings 14
celery carrot – blue cheese dip

Thai Street Fries 13
sriracha – sweet soy – toasted peanuts

Fried Calamari 12
fresh pan-fried calamari

Mussels in Wine Sauce 12
fresh mussels in chardonnay sauce

Shrimp Skewers (9) 15
nine grill or buttermilk shrimps

Shrimp Skewers (3) 7
three grill or buttermilk shrimps

Empanada Trio 7
your choice of chicken – pork – beef or cheese with a side of chimichuri

Tacos and Quesadillas

The Tacos (3) 10
shrimp, chicken or beef with salsa and sour cream

Chesse Quesadilla 7
with salsa and sour cream

La Quesadilla 13
chicken or beef with salsa and sour cream

Hot Dogs

Classic Hot Dog 10
30cm-long classic hot dog with french fries and sauerkraut

The Tides Hot Dog 13
30cm-long hot dog with truffle mayonnaise and mozzarella with a side of french fries and sauerkraut

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.
A 20% service charge is added to all guest checks.

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Meat

Grilled Skirt Steak 10 oz w/two sides	29
Fillet Mignon 8 oz w/two sides	35
Milanesa gigantic milanesa w/two sides	17
Milanesa Sandwich milanesa sandwich with lettuce – tomatoe and mayonnaise	10
The Burger Royal Deluxe truffle aioli caramelized onions Gruyere with a side of french fries	16
Pappardelle Bolognese parmigiano reggiano	22

Pork

Cuban Pork authentic cuban pork w/two sides	15
Cubanesque Panini authentic cuban Sandwich ham – swiss chese – bacon and mustard	14

Chicken

Half Chicken half grilled w/two sides	14
Lemon Chicken half lemon chicken w/two sides	14
Rosemary Chicken half rosemary chicken w/two sides	14

Seafood

Lemon Butter Scallops w/two sides	16
Sesame Seared Yellow Fin Tuna 8 oz tuna w/two sides	29
Linguini Fruti Di Mare clams – mussels and shrimps in white wine or red sauce	28
Fresh whole Branzino Fish mediterranean fish w/two sides	36
Seafood Paella for 1 or 2 <i>clams – mussels – shrimp – calamari And chorizo</i>	34/49

SIDES

**Mash Potatoes / White Rice / Tomatoes and Basil / Braised Kale
Rice and Beans / Roasted Potatoes / Tostones - Fried Plantain**

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