



## The Tides Restaurant & Turtle Bar

### Lunch Menu

Served daily from 11:30am to 4:30pm

#### Cold Starters

<b>Florida Tomatoes</b> <i>sheep's ricotta – fresh basil – warm flat bread</i>	12
<b>Louisiana Shrimp Cocktail</b> <i>fresno chili cocktail sauce</i>	18
<b>Chopped Green Caesar Salad</b> <i>organic kale – breakfast radish – white anchovy</i>	13
<b>The Tide's Wedge</b> <i>heirloom tomato – bacon lardons – blue cheese</i>	12

#### Hot Starters

<b>Crispy Shishito Peppers</b> <i>fresh torn herbs – smoky tomato – aged jack</i>	12
<b>Black Pepper Wings</b> <i>pickled cucumber – toasted sesame – tahini yogurt</i>	14
<b>Thai Street Fries</b> <i>sriracha – sweet soy – toasted peanuts</i>	13
<b>Blue Crab Dip</b> <i>artichokes – fresh lemon – garlic croutons</i>	18



#### Main Entrees



<b>The Burger Royal Deluxe</b> <i>truffle aioli – caramelized onions – gruyere</i>	16
<b>“Cubanesque” Panini</b> <i>ham – swiss – bacon – mustard</i>	14
<b>Sourdough Grilled Cheese</b> <i>sun-dried tomato and arugla pesto</i>	13
<b>Grilled Salmon Pita</b> <i>cucumber yogurt – feta – shaved onion</i>	16
<b>Spicy Shrimp Roll</b> <i>citrus aioli – fried shallot – pickled jicama</i>	18
<b>Pappardelle Bolognese</b> <i>parmigiano reggiano</i>	22
<b>Spaghetti Peperone</b> <i>blue crab – toasted pine nut gremolata</i>	26

#### Sides 8

Sautéed Spinach and Garlic - Heirloom Tomatoes and Basil – Roasted Potatoes and Grilled Onions w/ Curry Aioli  
Roasted Mushrooms w/ Sweet Soy and Truffle – Braised Kale w/ Apple and Bacon

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.  
A 20% service charge is added to all guest checks