

LA SERENA SPA AT THE REEFS

SOUTHAMPTON, Bermuda – The Reefs, a refined yet relaxed Bermuda resort offering gracious hospitality on a pristine private beach, provides peaceful serenity at the full-service La Serena Spa. With a relaxation room boasting stunning views of the Atlantic Ocean and unparalleled personalized service, La Serena Spa presents eight luxe treatment rooms including a spa suite ideal for dual massages. Spa specialists welcome guests to indulge in lavish pampering while feeling perfectly at ease.

Rated among the top spas in Bermuda and the Caribbean, La Serena Spa at The Reefs continues to gain recognition in prestigious publications such as *Condé Nast Traveler* and *Travel + Leisure*.

As the only Bermuda spa to offer Elemis of London products, treatments are individually tailored to benefit spa guests of all ages. The leading luxury British spa and skincare brand, Elemis combines natural active ingredients with cutting-edge technology providing some of the most professional therapies available in the beauty market. With constant evolution and innovation, Elemis and La Serena Spa encourage healthy lifestyles through rejuvenating spa services. A sampling of featured treatments include:

SHIATSU MASSAGE

Shiatsu massage is a Japanese technique known for its holistic and medical healing properties. La Serena Spa therapists apply finger pressure along the central and autonomic nervous system to ease muscle pain, increase flexibility and release toxins from the body. Guests often experience a balance of energy as a result of this exotic treatment.

VISIBLE BRILLIANCE FACIAL

This anti-aging face and eye treatment rejuvenates the skin while reducing dark circles. Moisture levels and skin elasticity are known to significantly increase after just one treatment. The two-phase facial is followed by an amino active mask to smooth, sculpt and restore natural radiance.

EXOTIC LIME AND GINGER SALT GLOW

Created to revitalize and invigorate the body, the cleansing polish is applied on top of warm oil, leaving skin moisturized, replenished and vibrant.

In addition to individual treatments, luxurious spa half-day offers are available for the utmost care and well-being and include gourmet spa fare. La Serena Spa presents full nail and waxing services for routine maintenance. Priding themselves on renowned customer service, therapists at La Serena Spa go above and beyond to ensure enjoyable experiences for each guest, even offering plush changing robes for complete comfort.

As The Reefs Resort & Club welcomes returning clientele each year, the spa is proud to offer the La Serena Loyalty Program for its best customers. Exclusive benefits and rewards of the program include:

- Unadvertised specials
- Special events and sales
- Birthday and anniversary gifts
- “Double Point” specials
- Rewards program earning discounts on services

An intimate upscale Bermuda resort focused on four-diamond personalized service, The Reefs Resort & Club presents classic sophistication. Recognized for gracious hospitality, this family-owned cliffside resort overlooks a rose-sand cove and boasts breathtaking ocean views. A top voted resort among travelers within the Caribbean, Bermuda and the Bahamas, The Reefs Resort & Club welcomes loyal clientele



year-after-year with distinctive experiences and timeless luxury.

For more information or reservations at La Serena Spa at The Reefs Resort & Club, call (441) 239-0184 or visit thereefs.com/spa.

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