



The Spa Health Menu

Seasonal Fruit and Berry Plate, Poppy seed Honey Yogurt
\$10

Hummus, Grilled Vegetable Tower, Arugula, Crostini
\$14

Kale, Farro, Tomato, Manchego, Red Wine Vinaigrette,
\$14

The Chopped Salad
Black Quinoa, Tomato, Cucumber, Carrot, Artichoke, Black Olives, Frissee
\$15

Mixed Greens, Fresh Mozzarella, Candied Pecans, Tomato, Cucumber, Champagne Vinaigrette
\$12

The Reefs Classic Margarita Pizza
Each Topping \$1 additional: Peppers, Pepperoni, Mushroom, Bacon, Tomato, Pineapple, Chicken
\$14

Roasted Seasonal Vegetable Wrap, Mixed Greens, Tomato, Pesto Aioli
\$12

Smoked Salmon, Cucumber, Tomato, Frissee, Toasted Wheat Bread, Lemon Caper Aioli,
\$14

Herb Marinated Baked Chicken Breast, Spinach, Cheddar, Tomato, Caramelized Onion, Kaiser Roll,
\$16

Your Choice of side with any Sandwich: Potato Chips, Sliced Fruit or Mixed Greens

Add Additional Protein: Shrimp \$10, Chicken \$6, Steak \$8