



## **Medical Massage Treatments at La Serena Spa**

### **Consultation – complimentary**

Required for each new medical massage client to identify the chief complaint and determine best course of treatments. All guest records are kept in keeping with standard clinical procedures; medical progress reports are available upon request.

### **Medical Massage**

Primarily treating the chief complaint followed by other areas of stress or tension, 60 & 90 minutes service can include the full body.

- 30 Minutes \$69
- 60 Minutes \$149
- 90 Minutes \$199

### **Medical Massage with Shock Wave and Laser Therapy**

Shock Wave and Laser will be administered in the first 10 minutes of the service, medical massage follows. Typically Shock Wave and Laser are both used for the initial treatment of soft tissue injuries, chronic pain conditions and joint problems.

- 15 Minutes \$100
- 30 Minutes \$169
- 60 Minutes \$249
- 90 Minutes \$299

### **Medical Massage with Laser Therapy**



## LA SERENA SPA

*Inner Harmony. Outer Vibrancy. Complete Serenity.*

Laser will be administered in the first 10 minutes of the service. Typically laser is then a follow up service for soft tissue injuries, chronic pain conditions and joint problems.

- 15 Minutes \$50
- 30 Minutes \$119
- 60 Minutes \$199
- 90 Minutes \$249

For more information or to book an appointment call 441-239-0184 or email [laserena@thereefs.bm](mailto:laserena@thereefs.bm).