

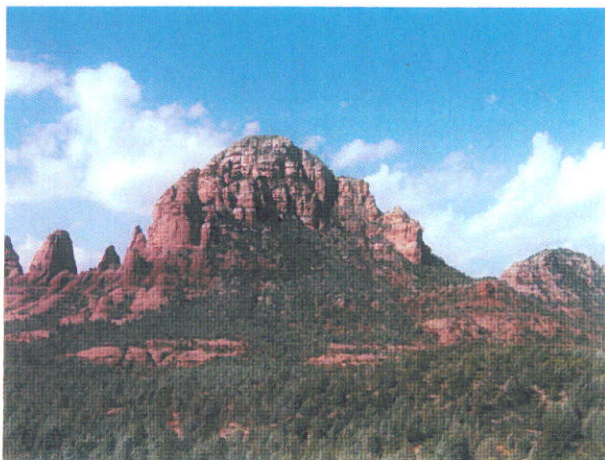
SkyWest

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Spa-tacular Scenic Sensations

BY ANNA TATRO



PERSONAL PAMPERING OPTIONS abound—from urban day spas, to hotels offering in-room treatments to full-service health resorts. It's increasingly easy to include a spa experience in any business or leisure trip.

For a spa destination vacation, look beyond the ordinary and consider more than a facility's immediate offerings—take into account its marvelous milieu, too. Break away from the ordinary, and vacation like never before at a resort spa where scenery enhances the sensation.

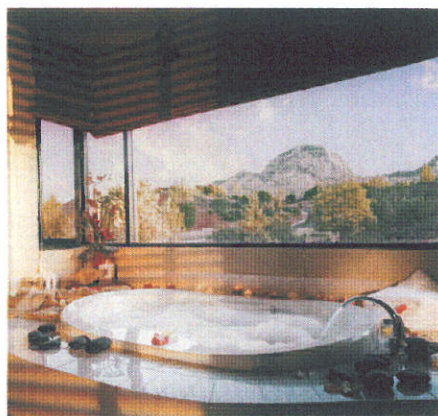
Among our favorites, Arizona's Sedona Rouge Hotel & Spa. Sedona's red geologic wonders pierce an azure horizon; a glittering sun warms and beckons to one of the area's newest spa stars. Thoughtfully poised, the Sedona Rouge Hotel & Spa borders designated national forest

land to the north and an urban expanse to the south. Just minutes from the town center, the locale elicits a unique mélange of relaxation and recreation—guests are privy to stunning views, wilderness access, close proximity to fine dining and entertainment, and above all: a sense of tranquility.

In a departure from the traditional Southwestern schema, dramatic architectural and interior design set this facility apart. The Rouge has traded in native décor for vaulted ceilings, high thread counts, fireplaces and furnishings that speak to an eleventh-century Andalusian sensibility. But before you're tempted to burrow in, the best awaits you at the spa just past the Column Garden and beyond the outdoor pool.

Here, the treatment picks you—facilitated, of course, by an expert staff of aestheticians and massage therapists integrating the ancient with recent, energy with philosophy, relaxation with healing. Between sessions, luxuriate in indoor and outdoor whirlpools and showers, or find peace in the Tranquility Room and Garden. And remember, arrive early and stay late to take full advantage of the spa's amenities from the plush robes to the ultra calming atmosphere.

Save time to encounter surrounding natural wonders. Several trailheads are within walking distance, or find your Om at various vortex locations (said to be hot spots of healing



above: Sedona Rouge Spa tub with a view.

energy). If you're feeling brave, Pink Jeep's excursions around the outskirts of town are half history/geology lesson and half amusement park ride. It makes for a wild afternoon learning about the area in the midst of awe-inspiring landscape.

Wherever you travel, look for a spa providing relaxation, rejuvenation and recreation that match your interests and goals. And above all, consider spa-tacular destinations set in spectacular scenery—where doubling the enjoyment quotient comes naturally. Options abound throughout SkyWest Country. Profiles of more of our favorites follow. ■



above: Sedona Rouge Hotel and Spa rooftop