

# THE RIGHT SEASON IN ARIZONA

Now is the time to head to Arizona, where you will find a vibrant variety of special spa getaways, culinary offerings, and seasonal events.



Arizona is a land filled with breathtaking canyons, lush desert valleys, crystal lakes, and rugged mountain peaks. Whether you have a hankering for world-class dining, resorts, golf, and spas, or a place to relax and enjoy the holiday season, you are sure to find what you are looking for throughout the Grand Canyon State.

When hectic days and long nights become the norm, it is time to plan a getaway. And what better place to go for a respite than the temperate state of Arizona? Sedona, strategically situated at the mouth of spectacular Oak Creek Canyon, north of Greater Phoenix, is a unique area characterized by massive red-rock formations, big city-caliber restaurants, and a selection of hotels, resorts, and inns that showcase the town's creative and artistic side. The spa at Sedona Rouge is the perfect place to relax; treatments use hot stones, essential oils, brown sugar, and fresh fruit—and change to stay in tune with the natural

rhythms of the seasons. While in the Sedona area, take a ride on the Verde Canyon Railroad, which allows passengers an up-close look at the beautiful red rock landscape. In December, be on the lookout for Santa as the train transforms into the Santa Claus Express.

Amazing experiences await in Southern Arizona as well. Nestled at the base of the stunning Catalina Mountains, Miraval Tucson's 400 acres of lush Sonoran Desert create an inspiring backdrop for relaxation. The spa at Miraval offers massage and hydrotherapy suites, as well as a full-service salon to wipe away the winter doldrums. You can also take in the scenery at nearby Tohono Chul Park. The 49-acre desert preserve is home to three art galleries, nature trails, and gardens. The park celebrates the holiday season with a half-million lights and luminaries. No matter which region of Arizona you select this season, a myriad of tempting options await.

For more information, visit [arizonaguide.com](http://arizonaguide.com).

# SAVOR THE FLAVORS OF SCOTTSDALE

New restaurants and talented chefs keep the Scottsdale culinary scene sizzling.



Scottsdale is positively bursting with fresh, exciting culinary offerings you will not want to miss. Its rapidly expanding menu of restaurants features innovative concepts by up-and-coming culinary talents as well as juicy new endeavors by longtime favorite chefs. Among those you'll want to add to your "must-taste" list are Digestif, showcasing the farm-to-table, Italian-inspired creations of executive chef Payton Curry; Tapino Kitchen & Wine Bar, featuring the lovingly prepared culinary musings of chef/owner James Porter; and CANAL, a food and fashion fusion helmed with equal parts humor and panache by chef Justin Beckett.

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And the excitement doesn't stop there. Featuring top-drawer Italian cuisine, The Phoenician Resort recently introduced Il Terrazzo, where guests can savor artisanal breads, house-made pastas, a

gourmet cheese cart, and a sumptuous Sunday brunch. Also new is Sushi Roku at the W Scottsdale Hotel & Residences. This handsome restaurant is highlighted by a circular sushi bar and a second-floor dining patio, overlooking the W's see-and-be-seen pool deck.

In addition to being a mecca for inspired cuisine, Scottsdale boasts a sizzling nightlife. Throughout the city, after-hours hot spots abound—from cozy bistros and sophisticated wine bars to swanky nightclubs and high-energy sports bars. Day or night, Scottsdale is the place to be.

For more information, visit [experiencescottsdale.com/gourmet](http://experiencescottsdale.com/gourmet) or call 800-419-3601.

