

The Spa
AT THE PARK



LAFAYETTE PARK
HOTEL & SPA

LAFAYETTE PARK HOTEL & SPA
3287 Mt. Diablo Blvd. Lafayette, CA 94549
Spa: 925-299-4334 · Hotel: 925-283-3700
www.lafayetteparkhotel.com

Our Signature Treatments

HOT STONE MASSAGE

80 MINUTES - \$160

Our most popular treatment combines the use of heated basalt stones and chilled marble applied to the body for an unforgettable experience. The dual temperatures work with the blood flow, cleansing vital organs.

AROMATHERAPY MASSAGE

50 MINUTES - \$120 | 80 MINUTES - \$160

Soothing massage with aromatic essential oils to guide you to the ultimate relaxed state.

COUPLES CANDLELIGHT MASSAGE

50 MINUTES - \$225 | 80 MINUTES - \$305

Enjoy massage therapy together amidst romantic candlelight and finish with a special treat.

Gift Cards

Gift cards are available in any denomination and make an ideal year-round gift for any occasion.

Please inquire at the Hotel's front desk or on our website.



Specialty Massages

THE PARK CLASSIC MASSAGE

50 MINUTES - \$105 | 80 MINUTES - \$145

Based on the Swedish massage technique, this treatment will relax tense muscles, detoxify the body and rejuvenate the mind.

WISHING WELL CUSTOMIZED MASSAGE

50 MINUTES - \$120 | 80 MINUTES - \$160

Our therapists utilize their expertise to target specific areas, such as muscle tension, fatigue, soreness, limited range of motion, stress and anxiety. Advanced techniques include acupuncture, lymphatic drainage, cranial sacral and reflexology.

DEEP TISSUE MASSAGE

50 MINUTES - \$120 | 80 MINUTES - \$160

Designed to target specific areas of tension, limited range of motion and eliminate muscle pain. Moderate to deep pressure is applied.

PRENATAL MASSAGE

50 MINUTES - \$120 | 80 MINUTES - \$160

The gentle, non-invasive approach of pregnancy massage can ease your discomfort. This side-lying, full-body massage will bring back a sense of body-mind integration, putting you into a state of relaxation and calm acceptance of your continually evolving physiology. (Please consult your doctor prior to scheduling your appointment.)

Facials

SIGNATURE PROVENCE FACIAL

50 MINUTES - \$110

A customized and deeply relaxing facial that contains nourishing vitamins and antioxidants restores a state of balance to the skin. Selected pure essential oils and plant extracts of flowers, fruits and herbs are applied to the skin.

Available for all skin types.

ANTI-AGING BOTANICAL POWER REPAIR

80 MINUTES - \$150

This treatment is for tired, environmentally-exposed skin. Revitalize circulation and feed the skin essential nutrients with firming collagen and elastin for an instant return of vitality and youth. Recommended for deeply dehydrated, sun-damaged or sensitive skin.

ORGANIC ENZYME FACIAL

80 MINUTES - \$150

This therapeutic treatment helps to lift and firm the skin by stimulating repair at the cellular level. Your deep cleansing is followed by an enzyme exfoliant and two herbal protein masks to draw out impurities, while improving skin tone. This results-oriented treatment is beneficial for all skin types.

VITAMIN C FACIAL

80 MINUTES - \$150

Vitamin C, alpha and beta hydroxyl acids and gentle yet effective enzymes speed up cellular turnover. Lightening, tightening, and brightening for all skin types.

Facials

(CONTINUED)

MICRODERM COLLAGEN FACIAL

80 MINUTES - \$165

The “crème de la crème” of facial treatments combines science and nature for extraordinary results. A manual microdermabrasion is used to gently resurface the skin and a diamond or nano gold collagen masque is applied to lift, tighten, and diminish lines.

FACIAL PEEL TREATMENT

50 MINUTES - \$110

Acid peels take your skin to the next level by exfoliating damaged skin, lightening sun damage and hyperpigmentation, increasing hydration, and treating active acne and acneic scarring. A soothing masque and sunscreen follow the treatment.

GENTLEMAN’S FACIAL

50 MINUTES - \$110 | 80 MINUTES - \$150

This treatment includes deep cleansing of clogged pores and ingrown hairs, steaming, and exfoliation. A face, neck, scalp, and shoulder massage follows for relieving stress and encouraging skin rejuvenation. A treatment masque is applied to refine pores.

TEEN FACIAL

50 MINUTES - \$110

This gentle facial will keep young skin looking its best, while helping to instill good skincare habits. The skin will be cleaned, purified and nourished. This treatment can be customized for acne-prone skin.

Facial Enhancements

Must be done in conjunction with a facial.

DE-STRESS EYE TREATMENT

\$25

Puffy eyes are diminished as a pure ginkgo biloba masque penetrates into the delicate eye area. Recommended for travelers, and those with allergies or fatigued eyes.

LIP-SMOOTH TREATMENT

\$25

An anti-aging treatment designed to smooth the lines around the mouth. Collagen and elastin are applied to rejuvenate and revitalize the lip area.

SPECIALTY MASQUE

\$25

Collagen nano gold repair for firmer, brighter skin or diamond radiance for age defying luminous skin.

May be added to our 50-minute Signature Provence Facial

STEM CELL BOOSTER

\$25

Customize and optimize your facial with one of our concentrated stem cell enhancers for maximum results.

MICRO CURRENT

\$25

Improves skin tone, firmness and elasticity and stimulates cell renewal. Reduces appearance of fine lines and leaves skin revitalized.

WAXING

LIP - \$15 | CHIN - \$15 | BROWS - \$30

BIKINI WAX - Starting at \$35

Exfoliations & Body Wraps

THE WILD FLOWER WRAP

50 MINUTES - \$125 | 80 MINUTES - \$165

This treatment provides a three-tiered passage to beautiful skin and deep relaxation. Begin with an exfoliating dry brush massage that stimulates the lymphatic system. The skin will then be moisturized and replenished with a flower essence massage, followed by a warm, blissful wrap.

GREEN TEA DETOX WRAP

80 MINUTES - \$165

A unique contouring system that targets toxins, cellulite, the metabolic system, weight loss and firming. Begin with a towel steaming, a gentle body scrub, a wrap of creamy clay and then the perfect ending – a contouring massage using essential oils.

LUSH VANILLA FIG WRAP

50 MINUTES - \$125 | 80 MINUTES - \$165

Your session begins with a dry brush exfoliation which stimulates the lymphatic system and blood flow throughout your body. Continue with a vanilla fig shea butter massage and then relax in a deeply hydrating wrap.

BLOSSOM EXFOLIATION

50 MINUTES - \$125

An uplifting blossom scrub that gently exfoliates the body using softly honed walnut shells and apricot kernels to refresh your skin and spirit. For all skin types. Includes a massage with hydrating lotion.

SUGAR SCRUB BODY GLOW

50 MINUTES - \$125

Ayurvedic oil blend mixed with organic brown sugar contains natural fatty acids that help feed the skin's surface, leaving healthy and visibly radiant skin. Followed by a massage with organic oils and lotion.

LAVENDER SALT BODY POLISH

50 MINUTES - \$125

This treatment is great for exfoliating dead skin cells, hydrating and moisturizing your skin. Salt brings oxygenated blood to the surface allowing the infused oils of the body butter massage to hydrate your skin.

HAIR AND SCALP TREATMENT

\$25

Revitalize and nourish dull, stressed, chemically treated hair. Great for psoriasis and eczema.

Must be done in conjunction with any body treatment or facial.

Packages

MINI SPA DAY

TWO HOURS - \$195

Sneak away to pamper yourself with a 50-minute relaxing Park Classic Massage and our Signature Provence Facial.

LAFAYETTE FRIENDS SPA GETAWAY

THREE HOURS - \$440

Come enjoy a day of leisure at the Spa at the Park.

This package includes a Signature Facial and Park Classic Massage each for two, as well as a delicious lunch poolside.

HALF-DAY SPA RETREAT

THREE HOURS AND 30 MINUTES - \$299

Start your day with a full-body rejuvenating blossom exfoliation, followed by a 50-minute enriching aromatherapy massage. We will serve you a delicious Spa Luncheon and your day will end with a 80-minute facial of your choice.

THE MORE YOU SPA THE MORE YOU SAVE

Create your own special package with the treatments you want to relax your body and mind.

- Refresh with Two Treatments – 10% off regular price of each treatment
- Renew with Three Treatments – 15% off regular price of each treatment
- Rejuvenate with Four Treatments – 20% off regular price of each treatment

Package is per person and for 30 minute or longer treatments.

Your Spa Experience

ARRIVAL

Please arrive at least fifteen minutes prior to your appointment so you may take advantage of our relaxation facilities.

Appointments begin promptly at the time scheduled. Should you arrive late, your treatment may be shortened so that the technician will be on time for the next guest.

CLOTHING

We provide a robe, slippers and private lockers during your visit. You will be draped during your treatment and undergarments may be worn if preferred. Please remove all jewelry before coming to the spa.

AILMENTS

Please alert us if you have any medical conditions or are presently under a physician's care. Conditions such as pregnancy, high blood pressure and heart conditions are of special interest to our spa professionals. We will customize our services to fit your needs whenever possible.

RESERVATIONS

Please call 925-299-4334 to schedule a treatment. Due to limited availability, we highly recommend that you schedule your treatments in advance. Please be advised that all prices are subject to change.

CANCELLATIONS

If it is necessary to change or cancel your appointment, please notify us 24 hours in advance to avoid a charge equal to 50% of the spa treatment price.

GRATUITIES

Gratuities are at the guest's discretion and appreciated by the staff for outstanding service. An amount of 15-20% is customary.