




**HARBOUR VILLAGE**  
*the Spa*



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*Important Information*

**Reservations, Cancellations and Rescheduling**

Spa services are per appointment only. In order to allow enough time to prepare and relax, we recommend arriving 10 minutes prior to your appointment.

We require at least 24 hours notice when canceling or rescheduling an appointment. Last minute cancellations will result in a penalty charge of 50% of your scheduled services.

**Health Considerations**

A portion of the services offered are not recommended for those persons undergoing treatment for certain health conditions, or while taking some medications, particularly those with certain allergies, heart ailments, diabetes, or pregnancy.

**Children**

Members and guests under 16 years of age are not permitted in the treatment or spa facilities.

**Service Charge and Payment**

Rates for services are quoted per person and do not include 15% service charge or taxes. Prices and service are subject to change without notice. All major credit cards accepted.

“The word and concept of SPA originates from the time of the Roman Empire when battle weary legionnaires tried to find a way to recover from their military wounds and ailments. They sought out hot wells and then built baths so that they could heal their aching bodies; calling these places ‘aquae’ and naming the bathing treatments undertaken there “Sanus Per Aquam” [S P A] - meaning health by or through water.”



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*Renew your spirit  
Revitalize your body  
Refresh your mind*

## *Massage & Body Treatment Program*

### **Swedish Massage**

This traditional method of massage uses rhythmic strokes to relax muscles and improve both skin and muscle tone by increasing circulation, promoting relaxation and decreasing stress.

(60 minutes) \$85

### **Tropical Touch Massage**

Beginning with reflexology on pressure points located in the feet, this massage will identify problematic or blocked meridians in the body and restore the body's natural energy flow. Aromatherapy massage follows to focus on those areas of the body needing more attention, using a customized blend of essential oils.

(90 minutes) \$120

### **Deep Tissue Massage**

A deep tissue, therapeutic massage using essential oils, for those suffering from back pain, arthritis, muscle strain or severe stress.

(60 minutes) \$115

### **Personalized Aromatherapy Massage**

A customized blend of essential oils derived from a variety of herb and flower extracts known for their powerful remedial effects in aiding relaxation, rejuvenation and balancing the energy level of body, mind and spirit.

(60 minutes) \$95

### **Therapeutic Massage**

This massage provides total rejuvenation for the body and renews blood cells by using a lymphatic drainage technique to eliminate water retention, trapped toxins and relieve stress. Often referred to as "Forever Young", this treatment has been reputed to improve the memory and is used in anti-aging treatments.

(60 minutes) \$95

### **Reflexology**

Using pressure point massage on the ears, hands and feet, this ancient Chinese technique is used to restore the flow of energy through the entire body.

(25 minutes) \$55

## *Facial Treatments*

### **Classic European Facial**

To invigorate and refresh your face, regardless of skin type, your therapist exfoliates, steams, and cleanses clogged pores. A purifying ampoule is massaged to soothe the face, neck, and décolleté. As a finishing touch, the appropriate mask treatment is applied. Beneficial to all skin types.

(50 minutes) \$80

### **Fitness Facial for Men**

This treatment specifically targets ingrown hairs and clogged pores while promoting total relaxation. Deep cleansing, steaming and exfoliation help tone skin while preventing and relieving razor burn. A treatment mask is applied to refine the pores and hydrate the skin.

(50 minutes) \$80

### **Aromatherapy Facial**

A delightful aromatic blend of pure essential oils makes this facial unforgettable. This experience includes cleansing, gentle exfoliation, aromatic massage and the appropriate mask blended with pure essential oils best suited for your skin type.

(50 minutes) \$90

## *Specialty Facial Mask Treatments*

### **Luminous "C" and "Sea" Facial**

A radical facial treatment for dull and dehydrated skin. This facial combines the high potency of Vitamin "C" with a stimulating freeze-dried seaweed rendering skin firmer, brighter, more rejuvenated, and velvety-soft. An excellent treatment for sunbathers and sundamaged skin.

(55 minutes) \$100

### **After-Sun Recovery Facial**

This highly effective, soothing treatment calms redness and alleviates irritated or sensitive skin. A healing Propolis ampoule (natural ingredient collected by bees) is applied to desensitize the skin's surface and restrict capillaries. A cool lift-off Plantomer mask is then applied to seal in the vitamin enriched ampoule.

(55 minutes) \$100

### **Caviar Indulgence Facial**

The most advanced defense against aging. This opulent anti-aging treatment lavishes your skin with pure Caviar Extract, Pearl Extract, and a revolutionary blend of phyto-extracts: Escutox. Improving elasticity and texture, this luxurious mask increases skin oxygenation and suppleness while reducing expression lines.

(55 minutes) \$140

## *Hand Treatments*

### **Spa Manicure**

Our Manicures are designed to promote healthy nails and include shaping, cuticle removal and polishing to perfection.

(45 minutes) \$35

### **Spa Manicure with Paraffin Indulgence**

Prepare your hands for a healthy manicure by dipping them in warm paraffin to re-hydrate and soften the skin while soothing sore joints.

(60 minutes) \$50

## *For Feet*

### **Spa Pedicure**

This multi-step service begins with a luxurious aromatic footbath, followed by gentle exfoliation and the application of skin softening creams. Nails are shaped, cuticles are trimmed and toes are polished and ready for sandals.

(50 minutes) \$50

### **Spa Pedicure with Paraffin Indulgence**

Prior to the actual pedicure, your feet are dipped in warm, melted wax to soften and moisture skin while soothing joints.

(60 minutes) \$65

### **Luxurious Silky Foot Peel**

Your exfoliating pedicure begins with a spa pedicure. A glycolic wash is applied to exfoliate, soften, and smooth the skin, peeling away roughness and leaving your feet silky smooth. Helps to eliminate accumulated dead cells and calluses. Recommended for all feet, especially those with dry, hardened areas.

(60 minutes) \$65

French Manicure/Pedicure add \$5  
Above with Paraffin Indulgence add \$15  
Hand Polish Change \$20  
Foot Polish Change \$25

## *Salon Services & Treatments*

### **Depilatory Waxing**

Through the use of a skillfully applied depilatory wax, excess hair can be removed safely and effectively.

Chin	\$15	Underarms	\$25	Full Arms	\$30
Eyebrows	\$15	Bikini	\$25	Half Legs	\$35
Upper Lip	\$15	Brazilian Bikini	\$50	Full Legs	\$55
		Back/Chest	from \$40		