

Rest. Relaxation. Rejuvenation.

SENSES SPA & FITNESS CENTER

Discover a luxurious retreat with the charm of Bahamian hospitality and lifestyle to enchant and renew your vitality and spirit. Wake up your senses and create a unique sensory journey.



	WEEKDAYS	WEEKENDS
Fitness Center	6am - 8pm	7am - 8pm
Spa	8am - 6pm	9am - 6pm
Hair & Nail Spa	8am - 6pm	9am - 6pm

Operating hours and class times are subject to change.
The gymnasium may be unsupervised at certain times.

Located at Lighthouse Pointe.

ADDITIONAL CHARGES

All treatments are subject to 7.5% VAT tax and 15% service charge, which are not included in the price listed. Tip is additional and not included in the service charge. If you find yourself unable to keep your appointment, we request 24 hours notice. Clients who do not honor this policy will be charged a cancellation fee.

RESERVATIONS

For reservations and further information,
please contact the spa.

Telephone 242.350.5281 • Fax 242.350.5280

Hotel Extension 5281 / 5282

Spa@grandlucayan.com



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WWW.GRANDLUCAYAN.COM



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Perfect Senses Massage

Swedish Massage

Neck, Back & Shoulders	25 min	\$69
Full body	50 min / 80 min	\$121 / \$167

Aroma Massage

Aromatherapy Massage	50 min / 80 min	\$127 / \$156
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Stone Massage

Neck, Back & Shoulders	25 min	\$75
Full body	50 min	\$150

The Athlete's Deep Tissue Massage

Neck, Back & Shoulders	25 min	\$75
Full body	50 min / 80 min	\$144 / \$190

Swe-Thai Massage

Combination of Swedish & Thailand techniques	80 min	\$184
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Ayurvedic Massage

Indian style Swedish massage	80 min	\$184
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Soul Reflexology Massage

Foot Massage	25 min / 50 min	\$69 / \$121
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Sense of New Beginnings

Mother to be Massage	50 min	\$138
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Total Senses Massage

Two therapists will perform this massage	50 min	\$242
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Sense of Togetherness Couples Massage

Swedish Couples Massage

50 min / 80 min	\$230 / \$317
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Athletic Couples Massage

50 min	\$276
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Natural Nail Care

Solar Manicure	\$41
Signature Spa Manicure	\$64
Senses Spa Solar Pedicure	\$52
Signature Spa Pedicure	\$81
Athletic Pedicure	\$75

Nail Enhancements

Add French: Hands & Feet	\$12
Polish Change	\$23
Acrylic (Full Set)	\$87
Refills	\$64

Senses Body Waxing

Eyebrows	\$29
Lip or Chin	\$29
Bikini	\$41
Full Leg	\$69

Perfect Senses Facials

Eminence Facials

Seasonal Facial	50 min	\$127
Pure Sense Facial	80 min	\$179

Pevonia Facials

Common Sense Facial for Men	50 min	\$121
Aroma Facial	50 min	\$121
Sense of Radiant Facial	75 min	\$173
Caviar & Pearl Anti-Aging Facial	75 min	\$202

Eye zone enhancements can be added to your facial for an additional price.

*Prices are subject to change

Senses Hair Design

Special Event Styling	\$69 & up
Shampoo and Blow Dry Style	\$41 & up
Ladies Design Cut & Style	\$58 & up
Gentlemen Design Cut & Style	\$35
Beard or Mustache Trim	\$18
Single Process Color (without styling)	\$75
Double Process Color (without styling)	\$92
Highlights (without styling)	\$69 & up

Senses Body Treatment

Choice of:

Anti-Stress Gel / Salt Hydro Bath	
Sweet Algae Hydro Bath	
Moor Mud Hydro Bath	45 min \$64

Seaweed Body Wrap	75 min	\$167
Aloe Moor Mud Body Wrap	75 min	\$167
Bahamian Wrapsody	75 min	\$242
Aromatherapy Salt Sugar Body Scrub	45 min	\$69

Sensational Gift Day Spa Packages

Basic Senses	2 hr	\$202*
Heavenly Hydro Bath of Choice	25 min	
Renewed Sense Massage	25 min	
Mini Facial		
Basic Manicure		

The Five Senses

5 hrs	\$478*
Full Body Sugar Scrub	50 min
Swedish Massage	50 min
Sense of Harmony Facial	50 min
Solar Manicure & Pedicure	
Shampoo & Blow Dry	

*VAT tax and 15% service charge included.

